

Invitation

*An emerging role for regular physical activity & exercise to improve physical recovery,
self-percieved health status and quality of life after solid organ transplantation.*

IT'S TIME TO MOVE!

EXERCISE IS MEDICINE

scientific symposium

On the occasion of the 10th anniversary of TransplantouX

KU LEUVEN



TRANSPLANTOUX
Connected for life

Fri 23 Feb 2018 — Leuven, Belgium

TRANSPLANTOUX SYMPOSIUM TOPICS

— SESSION I —

Physical Exercise in Transplantation: Current Evidence

— SESSION II —

How to Move Forward

— SESSION III —

Physical Exercise: Friend or Foe?

— SESSION IV —

Hands-on Seminars on Physical Activity throughout the
Different Phases of Organ Transplantation

— SESSION V —

Train the Trainee: the Real Life

Programme including confirmed speakers is available on

WWW.TRANSPLANTOUX-SYMPOSIUM2018.COM