

**Save the Date**

*An emerging role for regular physical activity & exercise to improve physical recovery,  
self-perceived health status and quality of life after solid organ transplantation.*

**IT'S TIME TO MOVE!**

# **EXERCISE IS MEDICINE**

**scientific symposium**

*On the occasion of the 10<sup>th</sup> anniversary of Transplantoux*

**KU LEUVEN**



**Fri 23 Feb 2018 — Leuven, Belgium**

**SAVE THE DATE: FRIDAY 23 FEBRUARY 2018**

— **Topics** —

(New) Evidence on the Role of Exercise after Transplantation

Health-related Quality of Life after Solid Organ Transplantation:  
the Role of Sport Activity

Facilitators and Barriers in Physical Activity after Transplantation

Pitfalls in Cardiovascular Sport Screening after Solid Organ Transplantation

Carbohydrates after Transplantation and during Sport: Friend or Foe

How to prescribe Physical Exercise?

Workshop Physical Exercise



— **Local Organising Committee** —

Prof. Diethard Monbaliu  
(UZ Leuven, Belgium)

Prof. Robin Vos  
(UZ Leuven, Belgium)

Dr. Harlinde Peperstraete  
(UZ Gent, Belgium)

Prof. Yves Van Belleghem  
(UZ Gent, Belgium)



**MORE INFORMATION ON [WWW.TRANSPLANTOUX-SYMPOSIUM2018.COM](http://WWW.TRANSPLANTOUX-SYMPOSIUM2018.COM)**

Registration will open soon! If you would like to be kept informed, drop your contact details at [transplantoux@seauton-international.com](mailto:transplantoux@seauton-international.com)

**Date & Venue** Friday 23 February 2018 – Leuven, Belgium **Accreditation** by RIZIV/INAMI will be requested **Symposium President** Diethard Monbaliu MD, PhD

**Symposium Secretariat** Seauton International Congresses • +32 16 309 990 • [transplantoux@seauton-international.com](mailto:transplantoux@seauton-international.com)